

# Avondale Meadows / Vision Academy October 2021

				1 Bosco Sticks & Yogurt Cup  Green Beans Assorted Fruit
4 Zesty Orange Chicken and Rice  Carrots Assorted Fruit	5 Chicken Drumstick w/Roll  Baked Beans Assorted Fruit	6 Cheeseburger  Cucumbers Assorted Fruit	7 Cheese Pizza  Broccoli Assorted Fruit	8 Breakfast for Lunch  Hash Browns Assorted Fruit
11 Fall Break  No School	12 Fall Break  No School	13 Fall Break  No School	14 Fall Break  No School	15 Fall Break  No School
18 Professional Development  No School	19 Beef Nachos  Corn Assorted Fruit	20 Country Fried Steak  Carrots Assorted Fruit	21 Crispy Chicken Sandwich  Baked Beans Assorted Fruit	22 Turkey Burger  French Fries Assorted Fruit
25 Beef Hot Dog  Fresh Carrots Assorted Fruit	26 Zesty Orange Chicken and Rice  Broccoli Assorted Fruit	27 Grilled Chicken Sandwich  Baked Beans Assorted Fruit	28 Pepperoni Pizza  Celery Assorted Fruit	29 Chicken Nuggets w/Roll  Potato Smiles Assorted Fruit

**Breakfast**  
**Monday – Bagel w/Cream Cheese**  
**Tuesday – Egg & Cheese**  
**Wednesday – Breakfast Pizza**  
**Thursday – Yogurt and Granola Bar**  
**Friday – Cinni Minis**

1% or Low Fat Chocolate Milk

**\*MENU IS SUBJECT TO CHANGE**