

# Avondale Meadows Academy

## APRIL 2024



### Weekly Breakfast Menu

- Monday – Sausage Egg Bagel
- Tuesday- Benefit Bar
- Wednesday – Cinni Mini with Cheese Stick
- Thursday- Pop tart with Yogurt
- Friday- Apple Frudel

Turkey and Cheese Sandwich Chef Salad offered at lunch daily. All salads can be made vegetarian

*\*Menu subject to change*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 <b>NO SCHOOL</b>	2 Beef Taco Salad 2oz Lettuce-Tomatoes 1/8 cup Black Beans ¾ cup Applesauce ½ cup	3 Cheeseburger 3oz French Fries ½ cup Mixed Vegetables ½ cup Orange Slices ½ cup	4 Chicken Nuggets 5 Each Baked Beans ¾ cup Fresh Carrots ½ cup Diced Peaches ½ cup	5 Turkey and Cheese Sandwich 3 oz Mixed Salad ¾ cup Cherry Tomatoes ½ cup Apple Juice 4 oz
8 <b>NO SCHOOL</b>	9 Walking Tacos 2oz Lettuce-Tomatoes 1/8 cup Black Beans ¾ cup Orange Slices ½ cup	10 Beef Frank 3 oz French Fries ½ cup Glazed Carrots ½ cup Fresh Pear 1 each	11 BBQ Chicken on Bun 3 oz Green Beans ½ cup Cole Slaw ½ cup Applesauce ½ cup	12 Cheese Pizza 1 Slice Broccoli ½ cup Cherry Tomatoes ½ cup Apple Juice 4 oz
15 Cheesy Chicken Penne 6oz Mixed Salad ¾ cup Red Pepper Strips ½ cup Diced Peaches ½ cup	16 Chili Cheese Nachos 2 oz Corn ½ cup Broccoli ½ cup Fresh Apple 1 each	17 Pork Rib Sandwich 3 oz Sweet Potato Fries ½ cup Green Beans ½ cup Banana 1 each	18 Sloppy Joe on Bun 3 oz Baked Beans ¾ cup Fresh Carrots ½ cup Fruit Cocktail ½ cup	19 Ham and Pepperoni Sub 3 oz Celery ½ cup Cherry Tomatoes ½ cup Apple Juice 4 oz
22 Chicken Alfredo 6 oz Dinner Roll 1 each Sliced Cucumbers ½ cup Mixed Salad ¾ cup Apple Slices ½ cup	23 Chili Chicken Roll Up 2 each Black Beans ¾ cup Fresh Carrots ½ cup Fresh Pear 1 each	24 Turkey Sausage Patty 1.5 oz Cheese Omelet 2 oz Hash Brown Patty 1 ea Celery ½ cup Diced Peaches ½ cup	25 Spicy Chicken Sandwich Corn ½ cup Broccoli ½ cup Strawberry Applesauce ½ cup	26 Cheese Pizza 1 Slice Cherry Tomatoes ½ cup Glazed Carrots ½ cup Orange Slices ½ cup
29 Chicken Tenders 3 each Dinner Roll 1 each Corn ½ cup Mixed Salad ¾ cup Banana 1 each	30 Beef Nachos 2 oz Pinto Beans ¾ cup Fresh Carrots ½ cup Diced Pears ½ cup			<