



Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
Apple Cinnamon Texas Toast Pear Milk	Bagel Strawberry Cream Cheese Yogurt Cup Mandarin Oranges Applesauce Milk	Berry French Toast Banana Orange Milk	Cherry Frudel Fuji Apple Milk	Banana Muffin Grannysmith Apple Milk

MILK - FF & 1% SERVED DAILY
TURKEY CHEF SALAD AVAILABLE DAILY - FRESH FRUIT VARIETY DAILY

Lunch

Oct 1	Oct 2	Oct 3	Oct 4
Stuffed Hash Browns Turkey Sausage Sweet Potatoes Sweet Potato Wedges Banana Suncup Fruit Juice Milk	Chicken Tenders with BBQ Sauce Wheat Roll Spinach Carrots Diced Peaches Suncup Fruit Juice Milk	Asian Salad with Chicken Wheat Roll Baby Carrots with Ranch Dressing Diced Pears Suncup Fruit Juice Milk	Turkey Chili Dog Baked Beans Crinkle Cut Fries Mixed Fruit Suncup Fruit Juice Milk
Oct 7	Oct 8	Oct 9	Oct 10
Chicken Teriyaki Brown Rice Wheat Roll Tossed Salad with Italian Dressing California Blend Diced Peaches Suncup Fruit Juice Milk	Taco Salad with Salsa Black Beans Crinkle Cut Fries Banana Suncup Fruit Juice Milk	Baked Ziti Corn Green Beans Wheat Roll Diced Pears Suncup Fruit Juice Milk	Waffle with Turkey Sausage Sweet Potato Wedges Sweet Potatoes Mandarin Oranges Suncup Fruit Juice Milk
Oct 14	Oct 15	Oct 16	Oct 17
			
Oct 21	Oct 22	Oct 23	Oct 24
			
Oct 28	Oct 29	Oct 30	Oct 31
Cheese Quesadilla with Salsa Broccoli with Ranch Dressing Green Peas Applesauce Suncup Fruit Juice Milk	Cheese Stuffed Breadsticks with Marinara Cup Baby Carrots with Ranch Dressing California Blend Apple Milk	Chicken Tender Salad with Ranch Dressing Garlic Bread Diced Peaches Suncup Fruit Juice Milk	Stuffed Crust Pepperoni Pizza with Marinara Corn Carrots Diced Pears Suncup Fruit Juice Milk

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

MENU IS SUBJECT TO CHANGE WITHOUT NOTICE



MENU CONTAINS NO PORK

Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
Apple Cinnamon Texas Toast 1 ea Pear 1 ea Milk 1 cup	Bagel 1 ea Cream Cheese Strawberry 1 ea Yogurt, Strawberry Banana 1 ea Mandarin Oranges 1 ea Suncup Fruit Juice 1 ea Milk 1 cup	Berry French Toast 1 ea Banana 1 ea Suncup Fruit Juice 1 ea Milk 1 cup	Fruit Loops 1 ea Apple 1 ea Graham Crackers 1 pkg Milk 1 cup	Muffin, Banana 1 ea Cinnamon Applesauce 1 ea Suncup Fruit Juice 1 ea Milk 1 cup

MILK - FF & 1% SERVED DAILY
TURKEY CHEF SALAD AVAILABLE DAILY - FRESH FRUIT VARIETY DAILY

Lunch

Oct 1	Oct 2	Oct 3	Oct 4
Hash Browns (Stuffed) 1 ea Turkey Sausage 1 ea Sweet Potatoes 3/4 cup Banana 1 ea Milk 1 cup	Chicken Tenders 2 pcs Wheat Roll 1 ea BBQ Sauce Cup 1 ea Butter 1 ea Spinach 3/4 cup Diced Peaches 1/2 cup Milk 1 cup	Tossed Salad 1 1/2 cup Tomatoes 2 oz Diced Chicken (60/40) 2 oz Asian Dressing 1 oz Chow Mein Noodles 1/4 cup Wheat Roll 2 ea Butter 2 ea Diced Pears 1/2 cup Milk 1 cup	Turkey Franks 1 ea Hot Dog Chili Sauce 1/8 cup Whole Grain Hot Dog Bun 1 ea Baked Beans 3/4 cup Mixed Fruit (Fruit Cocktail) 1/2 cup Ketchup 1 ea Milk 1 cup
Oct 7	Oct 8	Oct 9	Oct 10
Chicken Teriyaki 3 oz Brown Rice 1/2 cup Tossed Salad 1 1/2 cup Diced Tomatoes 1/4 cup Italian Dressing Cup 1 ea Suncup Fruit Juice 1 ea Milk 1 cup	Taco Filling 3 oz Shredded Lettuce 1/4 cup Shredded Cheddar 1/8 cup Salsa 1/4 cup Tortilla Chips 2 oz Black Beans 3/4 cup Banana 1 ea Milk 1 cup	Baked Ziti 1 cup Corn 3/4 cup Diced Pears 1/2 cup Wheat Roll 1 ea Milk 1 cup	Turkey Sausage 2 ea Waffle 2 ea Sweet Potato Wedges 3/4 cup Mandarin Oranges 1/2 cup Milk 1 cup
Oct 14	Oct 15	Oct 16	Oct 17
			
Oct 21	Oct 22	Oct 23	Oct 24
			
Oct 28	Oct 29	Oct 30	Oct 31
Cheese Quesadilla 1 ea Salsa Cup 1 ea Broccoli 3/4 cup Applesauce 1/2 cup Milk 1 cup	Cheese Stuffed Breadsticks 2 ea Marinara Cup 1 ea Baby Carrots Bulk 1/2 cup Ranch Dressing 1 ea Apple 1 ea Milk 1 cup	Tossed Salad 1 cup Tomatoes 1/4 cup Chicken Tenders 2 pcs Cheddar Shredded 1/8 cup Ranch Dressing 1 ea Suncup Fruit Juice 1 ea Garlic Bread 1 ea Milk 1 cup	Stuffed Crust Pepp Pizza 1 ea Marinara 1/4 cup Corn 1/2 cup Diced Pears 1/2 cup Milk 1 cup

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