AVONDALE MEADOWS ACADEMY

October 2025

Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday		
Breakfast Bagel	Blueberry Muffin	Pancake Sausage Wrap	Breakfast Burrito	Pancake Sausage Sandwich		
Grannysmith Apple	Banana	Red Delicious Apple	Raisins	Pear		
	Raisins		Pineapple Tidbits Cup			

Fat Free and 1% Milk Served Daily Turkey Chef Salad Available Daily Fresh Fruit Variety Daily

Lunch

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Sep 1	Sep 2	Oct 1	Oct 2	Oct 3			
Chicken Tenders Fruit Cup Baby Carrots Wheat Roll	Beef Calzone Green Beans Mandarin Oranges	Stuffed Crust Cheese Pizza Corn Pineapple Tidbits	Taco Fries Cornbread Diced Pears Broccoli	Cheese Quesadilla Baked Beans Fruit Cup			
Oct 6 Chicken Tenders Tossed Salad	Oct 7 French Toast Sticks w/ Sausage Mixed Fruit	Oct 8 Cheese Pizza Baked Beans	Oct 9 Spicy Chicken Patty Sandwich Broccoli	Oct 10 Chicken Drumsticks Sweet Potato Fries			
Garlic Breadstick Fruit Cup Oct 13	Tater Tots Oct 14	Mandarin Oranges Oct 15	Diced Peaches Ranch Dressing Cup Oct 16	Diced Pears Wheat Roll			
Oct 20	Oct 21	Oct 22	Oct 23	Oct 24			
PROFESSIONAL DEVELOPMENT	Corn Dog Mixed Fruit Baked Beans	Stuffed Crust Cheese Pizza Mandarin Oranges Broccoli Ranch Dressing Cup	Spicy Chicken Patty Sandwich Crinkle Cut Fries Diced Peaches	Cheeseburger Diced Pears Baby Carrots Ranch Dressing Cup			
Oct 27	Oct 28	Oct 29	Oct 30	Oct 31			
Chicken Tenders Fruit Cup Baby Carrots Wheat Roll	Beef Calzone Green Beans Mandarin Oranges	Stuffed Crust Cheese Pizza Corn Pineapple Tidbits	Taco Fries Cornbread Diced Pears Broccoli	Cheese Quesadilla Baked Beans Fruit Cup			
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